*As needed, in consultation with schools and sport commissioners, AACPS Athletics reserves the right to make adjustments to this bulletin.*

**Coach Responsibilities**

1. Adhere to all policies, procedures, rules and regulations in the AACPS Athletic Handbook.
2. Adhere to all policies, procedures, rules and regulations in this AACPS Bulletin.
3. Adhere to all policies, procedures, rules and regulations MPSSAA Handbook.
4. Adhere to all policies, procedures, rules and regulations in the MPSSAA Bulletin.

<https://www.mpssaa.org/information-center/mpssaa-publications-and-content/>

1. Adhere to all policies, procedures, rules and regulations in the appropriate NFHS rule book.
   1. Rule Changes for all applicable sports available at [https://www.nfhs.org/sports-resource-content/track-and-field-rules-changes-2024/](https://nam12.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.nfhs.org%2Fsports-resource-content%2Ftrack-and-field-rules-changes-2024%2F&data=05%7C01%7CCCULP%40AACPS.org%7C983a115378394296b20308dbda1d29f5%7Cb7d27e93356b4ad88a7089c35df207c0%7C0%7C0%7C638343591009799000%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=UX2JL%2FutFBQWMjdPbShO%2BKCyKPBs9NwlickiOJOplts%3D&reserved=0)
2. Participate in Coaches All- County Selection process. It is the responsibility of the head coaches of each sport to determine the process for their all county selections. It is recommended that a head coach or two from around the county volunteer to take the lead in organizing and facilitating the Coaches All-County. An agreed upon process should be communicated to all schools in writing before the season starts. End of season communications and/or a meeting (in-person or virtual) should be used to implement the agreed upon process.

*Notes:*

1. *AACPS Athletics does not sponsor or provide oversight for the Coaches All-County selection process.*
2. *Sport Commissioners may help to facilitate the date, time, and location of an end-of-season meeting for this purpose. They may attend for note taking, questions, and general support. However, they will not lead, control, or provide oversight on the process.*

**Contact Information**

1. Questions should initially be directed to local school athletic directors.
2. Then, questions should be directed to:
3. County Sport Commissioner - Brianna Bostic, Broadneck, [bbostic@aacps.org](mailto:bbostic@aacps.org), 410-294-2369
4. District V Representatives - Brianna Bostic, Broadneck, [bbostic@aacps.org](mailto:bbostic@aacps.org), 410-294-2369
5. AACPS Office of Athletics at 410-222-5463
6. Regional Tournament Directors: <https://www.mpssaa.org/state-championships/indoor-track/indoor-track-state-committee-and-regional-directors/>

**Classifications/Regions**

| **4A Central** | **3A Central** | **2A West** |
| --- | --- | --- |
| Annapolis  Broadneck  Crofton  Glen Burnie  Meade  North County  Old Mill | Arundel  Chesapeake  Northeast  Severna Park  South River | Southern |
| **1A East** |
| Chesapeake Science Point |

**Important Dates**

**November 2023**

* November 7 - 4:00 pm - Winter Coaches Kickoff, Severna Park High School
* November 10 - 1st MP report cards (tentative)
* November 15 - 1st day of of tryouts AND Academic assistance sessions start date (based on 1st MP report cards)
* November 21 - First scrimmage day
* November 20-24 - No school for students (Nov 20 & 21 - PT conferences)
* November 23 - No practice on Thanksgiving Day (football exception)

**December 2023**

* December 2 - Testing date (nothing mandatory before 2 pm)
* December 5 - 2-hour early release (PD for teachers) AND MPSSAA start date for contests
* December 7 - Academic assistance sessions end date AND **Grade Check**
* December 8 - Cheerleading Season Management Form due to Athletics (submitted by cheer head coach)
* December 9 - Testing date (nothing mandatory before 2 pm)
* December 25-29 - Winter Break

**January 2024**

* January 1 - Winter Break (cont.)
* January 8-13 - MPSSAA Officials Appreciation week (AACPS commemorative coins)
* January 15 - MLK Day 9 (Voluntary practice only - no penalty for missing)
* January 17 & 18 - 2-hour early release (work time for teachers)
* January 19 - No school for students (workday for teachers)
* January 31 - 2nd MP report cards (tentative)

**February 2024**

* February 6 - 2-hour early release (PD for teachers)
* February 10 - Testing date (nothing mandatory before 2 pm)
* February 19 - Schools closed for Presidents Day

**March 2024**

* March 1 - Spring sports start
* March 19 - 2-hour early release (PD for teachers)
* March 2 - Testing date (nothing mandatory before 2 pm)
* March 9 - Testing date (nothing mandatory before 2 pm)

**Contests**

* Scrimmages**:**
  + 3 preseason scrimmages allowed - a multi-team scrimmage counts only as one scrimmage (AACPS)
  + Teams are allowed one postseason scrimmage (in between last game and first playoff game). No officials, no score keeping, and no bus transportation (no added costs). (AACPS)
* MPSSAA Season Limitations:
  + 10 regular season meets
  + No more than two meets per week; and
  + Three meets in one week may be scheduled once during the season.
* AACPS Meet Procedures:
  + AACPS schools must attend all regular season meets scheduled by AACPS Athletics at Prince George’s Sports and Learning Complex and Baltimore Armory (if applicable) - these meets count toward the 10 total contests.
  + Unless otherwise noted, student-athletes are limited to four events per contest. After the entry deadline, all entries in individual events count as an event that the athlete has participated in.
  + AACPS track and field staff will not determine NFHS rule/DQ enforcement.
  + All questions related to results and or DQs must be directed to the head referee.
  + Music. Visiting teams are not permitted to play music with portable/rolling speakers or other devices while visiting away sites.
  + Incident reporting form. The meet director will have available a form that can be used to report alleged inappropriate behavior of a staff member, coach, official or volunteer at the meet.

**County Championship Game and Awards**

* Monday, January 22 at the Prince George’s Sports and Learning Complex
* Each team will participate in the County Championship; the winning team at the County Championship Meet will be the County Champion.
* 144 Individual medals for 1st – 3rd place. 50 team medals for both boys and girls for the 1st place team. Ribbons will be provided for the 4th-8th place finishers for all events. And County Championship plaques for the school and head coach will be provided.

**MPSSAA Playoffs**

* **Point of Emphasis**: Egregious Ejections: Any ejection during the state tournament that is classified as egregious now results in a two-game suspension. The MPSSAA has established criteria based on definitions of egregious behavior that will be used during the regional and state tournaments to elevate any ejections under this category to a minimum of two contest disqualification from the current state tournament, next sport season, or the succeeding year’s tournament based on the circumstances of the situation (Example of student whose team loses the first round of the next season. Egregious behavior is being defined as:
  + *Fighting*
  + *Physical or verbal personal attacks directed towards an official, coach, student-athlete, spectator, or school personnel*
  + *Use of racial, ethnic, homophobic or other derogatory or discriminatory language, slurs or practices.*
* **Dates**

MPSSAA championship website <https://www.mpssaa.org/state-championships/indoor-track/mpssaa-indoor-track-state-championships-central/>

* Regional Meets
  + February 5 2A East & 4A West
  + February 6 3A East & 2A West *AACPS schools - SO*
  + February 7 1A Central & 4A Central *AACPS schools - AN, BN, CR, GB, ME, NC, OM*
  + February 8 2A Central & 3A Central *AACPS schools - AR, CH, NE, SP, SR*
  + February 9 1A East & 4A East *AACPS schools - CSP*
  + February 10 1A West & 3A West
* State Championship Meets
  + February 20 1A / 4A State Championships - (PGSLC)
  + February 21 2A / 3A State Championships - (PGSLC)